

Helping Students Succeed

School Counselors Make a
World of Difference



Guidance counseling attempts to help all children get the most out of their education through social and emotional learning.

Your support and cooperation can help make your child's school years a valuable and rewarding experience.

It is our hope that parents and students feel free to use these services. I look forward to working with you.



**Conceive Believe
Achieve!**

Academy of Dallas

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Academy of Dallas Guidance Counseling

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Academy of Dallas Guidance Counseling

Students, I am here to help you with:

- ◆ Working Out Friendship Problems
- ◆ Setting Goals
- ◆ Study Skills & Organization
- ◆ Working Well With Others
- ◆ Self-Esteem
- ◆ Adjusting To A New School
- ◆ Decision Making
- ◆ Managing your feelings (stress, worry, anger, etc.)
- ◆ Dealing With Peer Pressure & Bullying



Parents, I am available to assist and provide you with:

- ◆ Exploring Ways To Help Your Child Succeed
- ◆ Improving Parent-Child Communications
- ◆ Referrals For Community Sources
- ◆ Understanding The Developmental Changes Of Childhood
- ◆ Information To Help Understand Your Child's Special Needs
- ◆ New Student Tours
- ◆ Information To Help Your Child Through a Loss or Death

Referrals for outside counseling services are available for children experiencing grief, divorce, family separation, deployment, or mental health concerns.

Services Provided:

- ◆ Classroom Guidance Lessons
- ◆ Group Counseling (grief, divorce, social skills, and study skills)
- ◆ Individualized Counseling (social skills, etc)
- ◆ Brief Solution-Focused Counseling
- ◆ Parent Consultations
- ◆ Community Resource Referrals
- ◆ Holiday Assistance



Please note school counselors do not provide "therapy" or "traditional counseling".